

December 2022

ELEMENTARY BREAKFAST & LUNCH MENU

Meal Prices

Elementary Breakfast: No Cost
Secondary Breakfast: \$0.90
Elementary Lunch: \$1.50
Secondary Lunch: \$1.75
Adult Breakfast: \$3.75
Adult Lunch: \$5.00

*If your school is participating in CEP (Community Eligibility Provision), the first meal for daily breakfast and lunch is provided at no charge to all students.

**Menu is subject to change.
USDA is an equal opportunity provider.**

Available Daily

MILK AVAILABLE AT ALL MEALS!
Low-fat Plain Milk,
Fat-Free Plain, Chocolate & Strawberry Milk.

BREAKFAST:
100% fruit juice and fruit choice daily
Cereal with Graham
Yogurt with Graham

LUNCH:
Uncrustable Pack
Dairy Lunchable Pack
Fruit & Yogurt Parfaits

DECEMBER 1
Breakfast of the Day
Piggie Stick

Lunch of the Day
Meatball Parmesan Sub
Italian Sub
Buffalo Chicken Salad

Fruit & Vegetable Sides
Jack Frost Vegetables
Tuscan Bean Salad
Fresh Fruit Combo
Fresh Assorted Fruit

DECEMBER 2
Breakfast of the Day
Confetti Pancakes

Lunch of the Day
Chicken Patty Sandwich
Turkey Club Sandwich
BLT Chicken Salad

Fruit & Vegetable Sides
Broccoli & Cheese
Fresh Baby Carrots
Diced Peaches
Fresh Assorted Fruit

DECEMBER 5
Breakfast of the Day
Blueberry Bread Slice

Lunch of the Day
Vendor Pizza
Chicken Salad Sandwich
Chicken Caesar Salad

Fruit & Vegetable Sides
Parmesan Green Beans
Fresh Broccoli Salad
Cinnamon Apples
Fresh Assorted Fruit

DECEMBER 6
Breakfast of the Day
Cinnamon Toast Pastry

Lunch of the Day
Popcorn Chicken Bowl
with Garlic Knot
Ham & Cheese Sandwich
Crispy Chicken Salad

Fruit & Vegetable Sides
Mashed Potatoes w/ Gravy
Fresh Celery & Cucumbers
Diced Pears
Fresh Assorted Fruit

DECEMBER 7
Breakfast of the Day
Chocolate Zucchini Muffin

Lunch of the Day
Nacho Supreme
with Tostitos & Queso
Turkey & Cheese
Sandwich
Strawberry Chicken Salad

Fruit & Vegetable Sides
Steamed Corn
Salsa Cup
Mixed Fruit
Fresh Assorted Fruit

DECEMBER 8
Breakfast of the Day
Piggiestick

Lunch of the Day
Breakfast Burrito
Italian Sub
Buffalo Chicken Salad

Fruit & Vegetable Sides
Hashed Potatoes
Chipotle Black Bean Salad
Fresh Fruit Combo
Fresh Assorted Fruit

DECEMBER 9
Breakfast of the Day
Apple Frudel

Lunch of the Day
Mandarin Chicken
with Chow Mein
Chicken Club Sandwich
BLT Chicken Salad

Fruit & Vegetable Sides
Peking Blend Vegetables
Red & Orange Peppers
Diced Peaches
Fresh Assorted Fruit

DECEMBER 12
Breakfast of the Day
Cinnamon Roll

Lunch of the Day
Pizza w/ Whole-Grain Crust
Chicken Salad Sandwich
Chicken Caesar Salad

Fruit & Vegetable Sides
Roasted Brussels Sprouts
Red & Orange Peppers
Mixed Fruit
Fresh Assorted Fruit

DECEMBER 13
Breakfast of the Day
Chocolate Crescent

Lunch of the Day
Cajun Mac & Cheese
with Corn Muffin
Ham & Cheese Sandwich
Crispy Chicken Salad

Fruit & Vegetable Sides
Steamed Peas
Fresh Broccoli Florets
Diced Peaches
Fresh Assorted Fruit

DECEMBER 14
Breakfast of the Day
Blueberry Bread Slice

Lunch of the Day
Ham & Cheese Sliders
Turkey & Cheese
Sandwich
Greek Chicken Salad

Fruit & Vegetable Sides
Roasted Asparagus
Fresh Cucumbers & Celery
Diced Pears
Fresh Assorted Fruit

DECEMBER 15
Breakfast of the Day
Piggie Stick

Lunch of the Day
Beef Soft Tacos
with the Fixings
Italian Sub
Buffalo Chicken Salad

Fruit & Vegetable Sides
Fajita Blend Vegetables
Chipotle Black Bean Salad
Fresh Fruit Combo
Fresh Assorted Fruit

DECEMBER 16
Breakfast of the Day
Apple Frudel

Lunch of the Day
Breakfast Sandwich
on Whole-Grain Biscuit
Turkey Club Sandwich
BLT Chicken Salad

Fruit & Vegetable Sides
Maple Cinnamon
Sweet Potato Fries
Fresh Cauliflower Florets
Cinnamon Apple Slices
Fresh Assorted Fruit

DECEMBER 19
Breakfast of the Day
Mini Cinnis

Lunch of the Day
Vendor Pizza
Egg Salad Sandwich
Chicken Caesar Salad

Fruit & Vegetable Sides
Plainview Roasted
Vegetables
Fresh Broccoli Salad
Diced Pears
Fresh Assorted Fruit

DECEMBER 20
Breakfast of the Day
Mini Maple Pancakes

Lunch of the Day
Grilled Cheese Sandwich
with Cheddar Goldfish
Ham & Cheese Sandwich
Buffalo Chicken Salad

Fruit & Vegetable Sides
Warm Tomato Soup
Fresh Cucumber Slices
Berry Patch Fruit Combo
Fresh Assorted Fruit

DECEMBER 21
Breakfast of the Day
Chocolate Zucchini Muffin

Holiday Meal
Crispy Baked Chicken
with Dinner Roll
Turkey / Cheese Sandwich
Strawberry Chicken Salad

Holiday Sugar Cookie
Fruit & Vegetable Sides
Mashed Potatoes
with Gravy
Carrot Sticks
Pear Cobbler
Fresh Assorted Fruit

DECEMBER 22
Breakfast of the Day
Piggie Stick

Lunch of the Day
Chicken Fajitas
Italian Sub
Buffalo Chicken Salad

Fruit & Vegetable Sides
Fajita Blend Vegetables
Ranchero Beans
Mixed Fruit
Fresh Assorted Fruit

Have a safe &
happy winter
break!
See you
January 3,
2023!